

PATIENT INSTRUCTION SHEET

Patient Name: _____

Appointment date: _____ Appointment Time: _____



Dedication. Compassion. Innovation.

Memorial Hospital and Healthy Direction provide the latest in screening mammography by combining its full-field digital mammogram technology with MammoPad*, which dramatically eases the discomfort some women feel when they get a mammogram. Screening mammograms, like the one offered on Healthy Direction, can be provided without a doctor's referral if the following criteria are met:

- Age 40 years or older
- No mammograms in the past 12 months
- No signs or symptoms of breast cancer (such as lumps or dimpling)
- No breast implants
- No history of breast cancer
- No current pregnancy
- Must have a primary care physician.

INSTRUCTIONS FOR THE DAY OF YOUR APPOINTMENT: Please report promptly to the mobile van at your appointment time. Your mammography exam will take about 15 minutes. Please bring proof of insurance, one form of identification, and your referring doctor's full name, office address, and phone number. We do not accept Medicaid.

It is the patient's responsibility to contact their insurance company if they have any questions about their eligibility or insurance payment. If insurance does not pay, the patient is responsible for payment. Please remember that Medicare will not pay if it has not been 365 days since your last mammogram. Patients are encouraged to contact their provider to ensure eligibility. If you have any questions about your insurance payment, please contact your insurance company.

PREPERATION: Patients should not wear deodorants, body sprays or perfumes, but may take any medication normally taken. We recommend that patients wear a comfortable two-piece garment. Patients will be directed to a private dressing area on Healthy Direction to undress above the waist and put on a gown.

EXAM RESULTS: Patients will be notified of test results in writing, and a copy of the report will go to their primary care physician. Patients are asked to follow up with their physician if they have not obtained results within 30 days.

Thank you for choosing Memorial Hospital and our mobile mammography services. If you have additional questions please call Justin Phelps at 618-257-5765.